

Opportunities to help employees

ADJ USA

to smoke-free workplace policies



Free 1-Hour Class for Smokers

Educators will survey employees at your business to evaluate their “readiness to quit” and offer tips to stop smoking during work hours.

On-Site Stop Smoking Program

Employees who want to quit smoking can attend 1 1/2 hour classes during this 4-week program. Cost is \$240 per program plus \$10 per employee.

Free Stop Smoking Program

Monthly classes are available to the community at Johnson Memorial Hospital or Trafalgar Family Health Center. Call Partnership for a Healthier Johnson County to register for the next program.

INDIANA TOBACCO QUITLINE

1-800-QUIT-NOW

WE'LL SHOW YOU HOW

The Indiana Tobacco Quitline is a free, telephone-based cessation service designed to help all Indiana tobacco users quit.



Partnership for a Healthier Johnson County

(317) 346-3728 for more information.